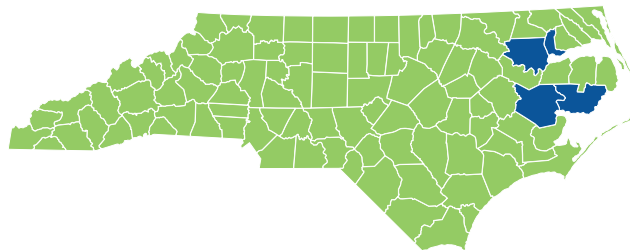


You'll teach me that it's ok to  
**ASK QUESTIONS.**



Family Connects is available to all families living in Beaufort, Bertie, Chowan and Hyde Counties.



Learn more or schedule a visit:  
[www.familyconnectsnc.org](http://www.familyconnectsnc.org)



I want you to **take your own advice.** Find out what Family Connects has to offer.



**NEWBORN  
HOME VISITING  
PROGRAM**

Growing Healthy Babies



## CONGRATULATIONS on your **NEW BABY!**

AS A RESIDENT OF BEAUFORT, BERTIE, CHOWAN OR HYDE COUNTY, you are eligible for an in-home nurse visit, courtesy of Family Connects.

Family Connects supports parents like you by bringing health providers, community resources and families together. Our mission is to connect you with resources that nurture your whole family and support your child's growth.

It's about planting seeds for the future. Together, we're growing healthy babies and making a more prosperous community.



Since I don't come with an instruction manual, Family Connects fills in the gaps.



What can  
**FAMILY CONNECTS**  
do for you?

Having a new baby affects many areas of a family's life. Family Connects nurses are trained to answer all kinds of questions and are knowledgeable about the wealth of resources in our community. Here are a few examples of how a Family Connects nurse can address your family's needs:

Baby weight check	Safe sleep information
Mom health check	Management of infant crying
Breast or bottle feeding help	Financial resources
Postpartum depression screening	Playgroups & parent support groups
Understanding of childcare options	Early literacy information
Understanding of new family dynamics	Family planning advice
Back-to-work support	Scheduling appointments
Help with bathing, diapering & swaddling	Healthy home connections

### WHAT YOU CAN EXPECT



#### THREE WEEKS

Visits are scheduled around 3 weeks after your baby's birth



#### NO COST TO RECIPIENTS

As an eligible recipient, you will not be charged



#### REGISTERED NURSE

All visits are made by highly-trained nurses



#### FOR ALL

Helping all families, regardless of income or background



Family Connects is a  
**COMMUNITY-WIDE**  
effort.

Research shows that when families use the Connects program, mothers feel less anxious, they learn about quality childcare options available to them, and their babies need less emergency care at hospitals. This all adds up to an enormous, positive impact on the community.

### Growing a healthy community



Every dollar invested in Family Connects saves \$3.02 in emergency health costs for the community

**\$3.02**



### Our Community Partners:

The NC Division of Public Health

The Center for Child & Family Health

Local health departments and communities



center for  
CHILD & FAMILY HEALTH

Family Connects is funded by the Race to the Top Early Learning Challenge Grant in the state of North Carolina.